

Live Webinar

Wednesday, March 25, 2026

12:00 PM - 1:00 PM ET

HIV and Infant Feeding

Navigating HIV and Infant Feeding Under the Updated HHS Guidelines

Recent updates to the U.S. Department of Health and Human Services Perinatal HIV Clinical Guidelines reflect a meaningful shift in how infant feeding is discussed with families living with HIV. Rather than a directive approach, the current guidance emphasizes shared decision-making in the context of sustained viral suppression and ongoing clinical support. For labor and delivery, newborn, and community healthcare teams, this change calls for thoughtful communication, clear coordination, and attention to stigma, equity, and trust. This session will explore the updated recommendations through real-world case studies and clinical examples, highlighting interdisciplinary collaboration and strategies to support families from birth through the first year of life.

Speaker:

Emily Anne Barr, PhD, CNM, CPNP-PC, ACRN, FACNM, FAAN, Associate Professor and Director of Translational Innovations in Maternal, Child, and Family Health, University at Buffalo School of Nursing.

Target Audience: Nurses, physicians, doulas, community health workers, and other perinatal healthcare professionals.

Learning Outcome: At the conclusion of the program, participants will self-report increased knowledge of updated HHS perinatal HIV infant-feeding guidance, breastfeeding transmission risks with sustained viral suppression, and strategies that support safe feeding and shared decision-making.

Successful Completion: To receive contact hours for participating in the continuing education program, the registrant must join the webinar, attend the entire presentation (at least 80%), and complete and submit an electronic evaluation. A certificate of completion will be distributed within two weeks of submission of the evaluation.

Disclosures: The planners and speaker do not have any conflicts of interest to report for this activity.

Commercial Support: There is no commercial support for this activity.

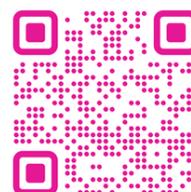
Continuing Nursing Education Contact Hours:

This program has been awarded 1.0 contact hours.

This program is jointly provided by The Partnership for Maternal and Child Health of Northern New Jersey and the FXB Center, Rutgers School of Nursing. The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-3/23-26.

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

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