



**RUTGERS HEALTH**  
**School of Nursing**  
François-Xavier Bagnoud Center

## Live Webinar

Wednesday, April 15, 2026

12:00 PM - 1:00 PM

# Evidence-Based Approaches to Lactation in Substance Use Disorders

This program will explore evidence-informed approaches toward supporting lactation in the context of substance use disorders and recovery. Participants will gain practical tools - rooted in harm reduction, evidence-based medicine and trauma-informed care to design and implement hospital protocols, effectively counsel patients and promote realistic and patient-centered decision-making for parents affected by substance use disorders (SUDs).

### Speaker:

**Mollie Nisen, MD, FASAM**, is a board-certified Family and Addiction medicine physician. She completed her family medicine residency and addiction medicine fellowship at Swedish Medical Center in Seattle, where she honed an interest with the intersection between addiction care and reproductive justice. Dr. Nisen currently works at the Cooper University Center for Healing where she leads specialized programming for perinatal/parenting with SUDs. With a background in community organizing, Dr. Nisen strives to ground her clinical work in social justice and antiracist praxis.

**Target Audience:** Nurses, physicians, community health workers, doulas, and other perinatal healthcare professionals.

**Learning Outcome:** At the conclusion of the program, participants will self-report increased knowledge of evidence-informed, harm-reduction, and trauma-informed approaches to supporting lactation among parents affected by SUDs.

**Successful Completion:** To receive contact hours for participating in the continuing education program, the registrant must join the webinar, attend the entire presentation (at least 80%), and complete and submit an electronic evaluation. A certificate of completion will be distributed within two weeks of submission of the evaluation.

**Disclosures:** The planners and speakers do not have any conflicts of interest to report for this activity.

**Commercial Support:** There is no commercial support for this activity.

### Continuing Nursing Education Contact Hours:

This program has been awarded 1.0 contact hours.

This program is jointly provided by The Partnership for Maternal and Child Health of Northern New Jersey and the FXB Center, Rutgers School of Nursing. The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-4/26-29.

*Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.*

**Registration:** [Click Here](#) or Scan the QR Code



Questions? Visit [our website](#) or contact Professional Education at [profed@pmch.org](mailto:profed@pmch.org)

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