Adherence Counseling Flow Chart



Clinic Staff

General patient education on ARV drugs in waiting area.

Should address:

- Adherence
- Side effects
- Prevention with positives
- Group counseling

HIV + Patient
VCT; STI; PMTCT; TB/HIV Clinic

Triage

Collection of patient information



Nurses

Take vital signs while providing follow-up adherence counseling:

- * Importance of keeping clinic appointment
- * Assessment of missed doses and reasons for, need for adherence
- General education on HIV/HAART including prevention with positives counseling



Physician

- Patient history
- Patient examination
- Diagnosis
- HAART eligibility
- OI management
- Routine monitoring
- · Adherence counseling
 - General education on HIV/HAART
 - Prevention with positives counseling
 - * Depression screening
 - Assessment of missed doses, importance of adherence, resistance, referral for counseling if poor adherence identified
- Set next appointment date



Counselor/Social Worker

- ART initiation counseling
- Follow up adherence counseling
 - Assessment of knowledge of HAART, importance of adherence, plan to address non-adherence
 - Assessment of psycho-social issues impacting adherence
 - Discuss disclosure, buddy system
 - Prevention with positives counseling



Pharmacist

- Dispense medication
- Follow up adherence counseling
 - Adherence assessment, importance of adherence, resistance
 - Review for correct dosage, interactions with other medications
- * Discuss side effects of medications
- Prevention with positives counseling

Community Outreach Worker

- Trace patient defaulters
- Adherence and other general counseling during home visits:
 - Assess
 psycho-social issues
 impacting
 adherence, plan to
 address
 non-adherence
 - Discuss disclosure, buddy system
 - Prevention with positives counseling
- Risk reduction education



